

PHOTO PLOY

PRESS FREEDOM OR ROYAL NOSE THUMBING? PUNDITS WEIGH IN ON WHY RUPERT MURDOCH'S SUN NEWSPAPER RAN THE INFAMOUS SNAPS



LONDON (R)

Monday, August 27, 2012



NAXMILLIONS

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William-Adolphe Bouguereau, during Sunday's Festa Italiana at the Covent Garde to represent traditional Italian street paintings. AMGELA MULLINS/METRO

Sack Marin? 'No problem,' councillor says

André Marin.

Ombudsman to address city-council committee at 4 p.m. today



ANGELA MULLINS

At least one politician wants the city to cut fies with Ontario ombudsman André Marin and put someone else in charge of investigating Municipal Act complaints.

"I have no problem with firing him," Ward 4 Coun. Stephen Orser said, noting he plans to talk to other councillors about making the move.

Marin will be in London on Monday for a presentation to council's strategic priorities and policy committee. Councillors requested he pay a visit after the ombudsman's office launched two investigations into local closed meetings in a matter of six months.

Some councillors, includ-

ing Orser, have said the investigations stemmed from "retaliatory" complaints made by fellow politicians as opposed to concerns from private citizens.

Marin cleared councillors of wrongdoing in both reviews — one stemming from a pre-budget vote luncheon at a restaurant and the other from an in-camera decision to oust Occupy London from Victoria Park last fall.

"He acts more like

a politician



was not available for comment on Sunday. Cities have the choice of appointing the ombudsman or a private party, such as a law firm, to investigate Municipal Act

complaints. Marin has said his

presentation aims to clear up

concerns and review rules

than an o m b u d s man," Ors-er said of Marin. about open meetings. Marin

Ultimately, Orser would like to see changes to provincial legislation governing complaints about meetings. The existing law guarantees that a complainant's identity remain confidential. That shouldn't necessarily be the case, Orser said, especially if it's another politician.

A council committee will

urging a salary increase

The board chair would

get a \$15,000 pay hike, bringing the annual sti-

pend to \$25,000. Others

would see their stipend

\$6,000. Those paid on a

per-meeting basis would

see compensation in-crease to \$800 from \$600.

rise to \$12,000 from

for London Hydro's

board of directors.

field a report on Monday

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Multiple charges

Police arrest man sought in stabbing

London police have arrested one of the city's most wanted people. Dean Dickieson, 19, of London was arrested Friday without incident, police said in a news release

Dickieson is charged with one count of attempted murder, assault, and assault with a weapon after a 43-year-old woman was stabbed at 341 Hilton Ave. on Aug. 12. METRO



Thought he saw guns

Man gets a fright at red light

A stop at a red light gave a London man quite a scare Saturday night.

London police said around 9:30 p.m., a man was stopped on Wellington Street near Highway 401. He looked over at the vehicle next to him and saw two men with what appeared to be guns.

The man jotted down the vehicle's licence plate number and called police. Officers say they used the licence plate number to find the address and went to the residence.

When officers arrived, they found the men had pellet guns, not actual firearms. They were warned about keeping the pellet guns out of public view, but no charges were laid. AM980/AM980.CA



Meeting scheduled to hear methadone clinic concerns

Next week. Questions, answers focus of community meeting regarding proposed Wharncliffe Road clinic



ANGELA MULLINS

People concerned about a proposed methadone clinic at 425 Wharncliffe Rd. S. will get some face time next week with the company behind the push.

The city has scheduled a Sept. 5 meeting to give nearby property owners a chance to hear from and question representatives from Ontario Addic-

• The methadone clinic information meeting will be on Sept. 5 from 6:30 p.m. to 9:30 p.m. at Hillside Church, 250 Commissioners Rd. E.

tion Treatment Centres.

People will also get an overview of the policies regulating the location and operation of clinics, city planning director John Fleming said.

Matt Shaw, who co-owns a Dairy Queen next to the proposed site, hopes the meeting will clear the air.

"I just want answers, some of certainty" about what's happening, Shaw said. "We just want to move forward and plan to move forward (with) strategies in place upon which we can make our business thrive.

Richmond Hill-based Ontario Addiction Treatment Centres has declined multiple interview requests from Metro since applying for a zoning change at the proposed site in June. The company operates about 40 methadone clinics across Ontario.

City council's planning and environment committee will schedule a second public meeting on the issue at a later date, Fleming said. Committee members will then make a recommendation to full council. which will have the ultimate say on whether the clinic can

It would be the first to open

since councillors approved rules governing the facilities. The rules — approved in March after more than a year of discussion that included a moratorium on new facilities defines clinics as businesses that dispense 40 or more doses of methadone daily and prohibits them from opening within 300 feet of places like public pools and schools.

Clinics are required to have security plans, adequate waiting rooms, ample parking and a physical layout that aims to deter

crime

Follow Angela Mullins on

University Hospital. Parking garage fire not arson: Officials

A Saturday night fire that damaged part of the parking garage and five vehicles at University Hospital was accidental, offi-

cials said Sunday.

The owner of one of the damaged vehicles lives outside London and used a GPS to help him get to the hospital. When he attempted to remove the GPS, it caused sparks that eventually started the fire.

Firefighters were called to the London Health Sciences Centre campus at Western University Saturday evening for the blaze. Three vehicles on the parking garage's second level were fully consumed by flames before the fire was contained.

Officials at the scene initially suspected arson and put the garage on lockdown, meaning vehicles parked there couldn't

7:30 p.m.

Time the fire at the University Hospital parking garage was reported

be moved. The Ontario Fire Marshal ruled out arson Sunday after a witness said the blaze stemmed from the malfunctioning car, according to a statement from the hospital.

Vehicles were being released Sunday as engineers as-sessed each level of the garage for safety and gave the OK.

No injuries were reported. All areas of the parking garage are expected to be open Monday morning.

ANGELA MULLINS/METRO

'We just feel violated.' Neighbourhood fuming after vandals destroy property overnight

Residents in a Hyde Park neighbourhood are outraged after their street was vandal-

ized overnight Saturday.
A collection of homeowners on Dalmagarry Road woke up to a chaotic scene of egged homes, spray-painted cars and torn-up mailboxes on Sunday.

"A Ford F-150 was spraypainted throughout and eggs were thrown at it. A Dodge Caravan had its whole front sprayed orange. A Mercedes-Benz had an orange penis spray-painted on its front hood, the windshield and other windows were spray-painted black," homeowner Ted Ducharme said.

Ducharme says street signs and licence plates were also

"We just feel violated, we



don't feel safe," said Ducharme. "These people can get away with destroying our property and what we own. We have to pay every time they do that through our deduction with our insurance or pay out of our pocket."

Meanwhile London police say while it's an unfortunate situation, there's nothing they can do right now.

"A lot of times, say for example your vehicle gets damaged, there are no witnesses," said Const. Ken Steeves with London police. "For a police officer to attend, there would be no evidence to gather as there are no witnesses and often times, unfortunately, there's no video." AM980/AM980.CA

Mobile news



A frighteningly smart bird has figured out how to use bread as bait to catch fish. Scan the code to see why this cold, calculating critter has the world on edge.

metr metronews.ca Monday, August 27, 2012 **NEWS**

Group leader upset

PDA sparks shouting match at PrayerFest

The scene in Victoria Park late Saturday was anything but serene as hundreds gathered for PrayerFest.

Taking to the bandshell stage in Victoria Park, organizer G.J. Rancourt addressed the crowd. There were an estimated 500 people on hand, well short of an earlier prediction of 5,000.

Among that number were several demonstrators from the Occupy movement who were waving flags amongst the crowd.

During his speech, Rancourt remarked on the presence of the demonstrators. His words touched off a shouting match between himself and people in the

When two women began to kiss each other passionately, Rancourt called for the couple to stop making their sexual activity public. "Do what I do. Go

home, enjoy sex with your wife," the former Christian Heritage Party candidate called out.

AM908/AM980.CA

Knights' trading of winger Athanasiou may set him free

Andreas Athanasiou.

Move breaks another link of Knights' historic 19-player draft



When the London Knights officially parted ways with skilled winger Andreas Athanasiou on Friday — trading him to the Barrie Colts for three picks, one of which is conditional another name was crossed off the club's notable 2010 draft

class list. London's turn-of-the-decade draft day haul consisted of 19 players — the most in the Hunter era, which began in 2000. Eight players from the 2010 crop have played at least one game in a Knights uniform.

Now only five — Chris Tier-

ney, Matt and Ryan Rupert, Brett Welychka, and Kevin Raine — remain on the roster,

with Athanasiou joining Troy Donnay and Chase Hatcher as former members of the Green and Gold.

Athanasiou, an 18-year-old Detroit Red Wings prospect, says he'll be "starting fresh" in Barrie.

When asked about Colts head coach Dale Hawerchuk, owner of 1,409 NHL points, Athanasiou just said matter-offactly: "He's a Hall-of-Famer... He's going to have a lot to offer

Like Donnay and Hatcher before him, the newest Colt is expected to receive more playing time with his new team.

Seeing more ice may be exactly what the slick skater needs in order to have a breakout campaign, and potentially become an OHL star.

It could awaken the giant, so to speak.

"If he dials in, works with

Hawerchuk, realizes he has a little work to do and does it, he could be in the top 30 in league scoring," Sean Lafortune, direc-

Knights picked up three wingers in off-season to help replace Athanasiou:

- Jack Nevins, 18, from Kingston Frontenacs via trade on Aug. 9.
- Adam Restoule, 19, from Sudbury Wolves via trade on June 27.
- Michael McCarron, 17, from Belleville Bulls via trade on June 27.

tor of scouting for TheScout.ca, said. "He's got the talent."

Athanasiou met his main off-season goal of bulking up by putting on eight pounds of muscle. He hopes to tip the scales at 187 pounds. The 110th overall selection at the 2012 NHL draft grew an inch, too, currently standing at sixfoot-two.



ou is seen arriving back in London after the M

Verbal altercation

Two charged in

hotel altercation A man and a woman

at a Wellington Road

have been charged after a drunken shouting match

South hotel turned violent

early Saturday morning. London police said at

around 3:30 a.m., the sus-

pects had a verbal altercation with a group of men

on the balcony from the room above them.

The suspects went

upstairs and the man allegedly forced his way

into the room before

being pushed out. The

woman reportedly had a

knife and cut her thumb.

When police arrived,

the male suspect allegedly

took a swing at an officer.

Neither suspect is from

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BRITISH BC Parks

Plane crash. 4 young victims were from the Toronto area

Four young people who died in a plane crash Friday in southwestern Ontario have been identified.

Ontario Provincial Police say the plane's pilot was Marko Misic, 20, of Toronto, and the three passengers were Mohammed Shahnawaz Zia, 23, of Toronto, Wasay Rizwan, 27, of Toronto, and Victoria Margaret Luk, 19, of Mississauga.

All four victims were pronounced dead at the scene.

The single-engine Cessna 172 had departed from the Waterloo Regional Airport at 6:10 p.m. Friday.

Police say it was supposed to fly to Toronto, then Niagara Falls, Ont., then back to

But at some point during the flight, investigators say

the four-seater plane encountered "unknown difficulties" and crashed into a cornfield in Mapleton, Ont.

The plane had been rented from the Waterloo-Wellington Flight Centre.

Witnesses say they spot-ted the plane weaving back and forth in the sky Friday evening about 50 kilometres northwest of Kitchener. At first they thought it

might be putting on a show, but seconds later it disappeared and Llori Nicholls, who was out with her husband walking their dog, says she heard it nose-dive into the ground.

The investigation is still ongoing but police say they don't believe weather was a factor because the skies were clear. THE CANADIAN PRESS



Ultimate Automobiles

London, METRO

Food bank helped at charity event

Ultimate Automobiles and the Collins Family of Companies collected 1,287 pounds of food at a recent charity event for the London Food Bank. Gord Collins, general manager of Ultimate Automobiles, organized the event, bringing together more than a thousand people and 460 vehicles. METRO



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NEWS

07

Men feel the heat

Women urged to stage sex strike

Civil rights group Let's Save Togo is urging women in Togo to withhold sex from their partners for a week as of Monday to demand the resignation of the country's president, Faure Gnassingbe.

THE ASSOCIATED PRESS

Pussy Riot

2 band members get out of Russia

Two members of the punk band Pussy Riot have fled Russia to avoid prosecution for a protest against Vladimir Putin that sent three others to prison, the group tweeted Sunday. No mention of where they went. THE ASSOCIATED PRESS



Spain wildfires

1,000 forced to flee their homes

Two wildfires in the south of Spain forced the evacuation of around 1,000 residents, making this the worst summer in a decade, authorities said Sunday. There were more than 11,650 wildfires this year. THE ASSOCIATED PRESS

Israeli embassy attack

Egyptian court convicts 76

A Cairo court convicted 76 Egyptians for last year's attack by protesters on the Israeli Embassy. Seventy-five received suspended one-year sentences, while one tried in absentia got a five-year term. THE ASSOCIATED PRESS

Armstrong. Giant leap that changed history



When Neil Armstrong took that first small step on the moon in July 1969, an entire globe watched in grainy black-and-white. Although more than half of the world's population wasn't alive then, it was an event that changed and expanded the globe.

His first words after the feat are etched in history books. "That's one small step for man, one giant leap for mankind," Armstrong said.

Armstrong, who had bypass surgery this month, died Saturday at age 82 from what his family said were complications of heart procedures.

The Apollo 11 moon landing was the finish line in a decade-long space race started by the Soviet Union. Getting there first showed American technological superiority, but Armstrong mentioned mankind — not Americans — demonstrating that this was a moment for the people of Earth, said Howard McCurdy, author of the book Space and the American Imagination.

THE ASSOCIATED PRESS

Abortion storm exposes divide in GOP base

Republicans. Florida convention aimed at highlighting unity following a fractious primary season

The hotly anticipated Republican National Convention in Tampa, Fla., is now at the mercy of a would-be hurricane bearing down to join forces with the tempest already inflicted upon Mitt Romney and the Republican party by an anti-abortion Missouri congressman

souri congressman.

Tropical storm Isaac has prompted organizers to essentially postpone the start of the convention until Tuesday.

The recent remarks from U.S. Senate candidate Todd Akin about women's bodies shutting down and preventing pregnancy in cases of "legitimate rape" have exposed dangerous fault lines in the party's fragile coalition of disparate factions — between

the social conservatives and the big business, economyfocused Republicans.

"This tremendous divide has been in place since 2000, but the party was able to paper over some of the more extreme ideologues involved in it," says Brian Vargus, a political consultant.

The religious right has been passionately defending Akin, deriding Romney and Paul Ryan, his running mate.

The last thing Romney wants is for abortion to become a major campaign issue, Vargus points out. The presidential hopeful, polling well behind President Barack Obama among women, has been toiling for weeks to keep the focus of his campaign on the economy, where Obama is vulnerable.

The controlled nature of a political convention should finally give Romney and Ryan an opportunity to get back on message, says James Campbell, a political scientist.

THE CANADIAN PRESS



Florida Keys get early taste of Isaac's sting

A cyclist battles the wind in Key West, Fla., Sunday, as tropical storm Isaac bore down on the Florida Keys, with forecasters warning it could grow into a dangerous Category 2 hurricane as it nears the northern Gulf Coast. The storm had officials worried enough in Tampa that they shuffled around some plans for the Republican National Convention. Hundreds of flights were cancelled and a steady line of cars moved north Saturday along the Overseas Highway, the only road linking the Florida Keys. Residents boarded up windows, laid down sandbags and shuttered businesses. Isaac has already left a trail of suffering across the Caribbean. At least seven people were reported dead in Haiti, including a 10-year-old girl who had a wall fall on her. Nearly 8,000 people were evacuated from their houses or earthquake shelters and more than 4,000 were taken to temporary shelters. The Grise River in Haiti overflowed north of Port-au-Prince, sending brown water spilling through the sprawling shantytown of Cite Soleil, where many people grabbed what possessions they could and carried them on their heads, wading through waist-deep water. ALAN DIAZ/THE ASSOCIATED PRESS





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Apple verdict over Samsung may hurt other competitors, analysts suggest

It was the \$1-billion question: What does Apple's victory in an epic patent dispute over Samsung mean for the U.S. smartphone

Many analysts said the decision could spell danger for competitors who, like Samsung, use Google's Android operating system to power their cellphones.

A loss to the Android-based market would represent a big hit for Google as well.

"I am sure this is go-ing to put a damper on Android's growth," New York-based Isi Group analyst Brian Marshall said, "It hurts the franchise." The Silicon Valley jury

found that some of Samsung's products illegally copied features and designs exclusive to Apple's iPhone and iPad.

Samsung has vowed to appeal the verdict all the way to the U.S. Supreme Court, arguing that Apple's patents for such "obvious" things as their products' rounded rectangle shape were wrongly granted. A Sept. 20 hearing is sched-

The verdict was narrowly tailored to only Samsung, which sold more than 22 million smartphones and tablets that Apple claimed used its technology.
But most other Apple

competitors have used the Android system to produce similar technology, which could limit the features offered on all non-Apple phones, analysts said THE ASSOCIATED PRESS



Murdoch sending message by running nude Harry photos?

'Mooning the establishment'. Reports suggest scandal-plagued mogul may be pushing back on press freedom by challenging royals

By letting his top-selling U.K. tabloid run photos of a naked Prince Harry cavorting in a Las Vegas hotel room, some say media mogul Rupert Murdoch was warning Britain's establishment that he could still shake

things up. British officialdom has largely turned its back on Murdoch because of the phonehacking scandal that has badly tainted his media empire over the past year. So even though Murdoch's The Sun newspaper framed its decision to publish the nude pictures as a defence of press freedom, some observ-ers saw the move as a feisty message from the tycoon.

"Not only was The Sun showing Harry's bottom, Mur-doch was mooning the Establishment," said journalist Jane Merrick, whose article in The Independent on Sunday alleged that Murdoch personally ordered the paper to run the photos in a phone call with Tom Mockridge, the chief of his British newspaper unit, News International.

Murdoch, once courted by lawmakers across the British political spectrum, has seen his clout wither after his company was exposed as having hacked phones to score scoops.

The scandal has prompted a media-ethics inquiry that could propose sweeping changes to how Britain's press is policed.

If The Sun was cowed, it didn't show it Friday, when it published the pictures of Harry along with a lengthy publicinterest justification claiming that "the photos have potential implications for the Prince's image representing Britain around the world."

In a Twitter message to a reader who congratulated him on The Sun's decision, Mur-doch said he "needed to demonstrate (that there is) no such thing as free press in ÚK."

THE ASSOCIATED PRESS





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VOICES metr⊕ metronews.ca Monday, August 27, 2012

PERSONAL TRAUMA INSPIRES **YOUNG NURSE TO HELP OTHERS**



At the time, Erica Masur could never have known the effect a childhood trauma would have on her life. But with the benefit of hindsight, it has become clear.

"I think it had a huge impact on my growth and development," said Masur, 22, who experienced the loss of a family friend — a seven-year-old boy — who drowned when she was 11 years old. "I don't know if I would be the same person today if things had been different."

In fact, the experience played a significant role in shaping the person Masur is, and it set her on a path to helping other people in the community.

"It made me a compassionate person, and it made me realize I wanted to make a difference," Masur said. "I wanted to make sure other people wouldn't have to experience what I went through. First, Masur became a lifeguard and swimming instructor.

Then she became a first-aid teacher and a leadership instructor, where she shared her story and made sure new lifeguards received the training and skills needed to excel in their jobs. Last summer, she launched a water-safe campaign throughout the city that featured educational sessions attended by more than 1,200

Masur was recognized for her work with a prestigious honour last month, as she was awarded the 2012 Tim Hickman Memorial Health & Safety Scholarship. It's an honour that was established by the City of London and CUPE Locals 101 and 107 as a tribute to employee Tim Hickman, who died in service to the community at age 21.

"I felt so honoured to be the recipient," Masur said. "It felt

really good to be recognized for all the time and hard work I put into my health-promotion projects."

At the same time, as you might expect, she isn't in it for the awards. Helping people is just part of who Masur is, and it extends to all areas of her life. Last spring, she graduated from Western University with a bachelor of science in nursing. She wrote her licensing exam in June, and is now working full-time as a registered nurse in emergency care. In doing her job, Masur says she still taps into the lessons she took away from that tragic incident 11 years ago.

"Remembering how I felt during that time helps me remem-

ber that these families and patients coming into the emergency department are experiencing their own unique crisis and they need support, comfort, and quality care ... just like I needed," Masur said. "I want to provide them exactly that."

Masur may pursue graduate school, specializing in infection control. But for payer, bel's control required the exciting and strengful life.

control. But for now, she's enjoying the exciting and stressful life of emergency care. As for helping those in their time of need, she maintains a very altruistic attitude.

"I chose to specialize in expanding my knowledge in health and well-being, but we're all interdependent on each other," she said. "For example, if my car breaks down, I know someone will be there to share their specialized skills and knowledge to help me in my time of need."

Follow Todd Devlin on



Horse-drawn boat, anyone?



Post-Olympic transport

Boat celebrates birthday in style

This was the first canal boat to be pulled through London, England, by a horse in 60 years. The Ilkeston barge was on its way to the London Canal Museum to mark its 100th birthday, after being restored to mint condition in the North of England. It was led there by Buddy, a 13-year-old Clydesdale horse, surely grateful this is no longer a common practice METRO

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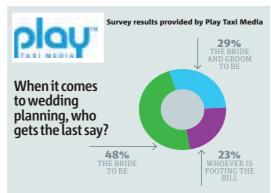
344

The cost in pounds sterling (about \$544) that the Ilkeston was sold for in 1945 when it finished its snan as a cargo ship. Between then and its restoration, it was used as a "mud boat" for dredging the canal floor.

- Pit ponies. Used to haul coal underground from the 18th century until 1971, often replacing child
- Hansom cab horses. Fastest way to travel in the 19th century, they were extremely popular. Eventually replaced by taxis.
- War horses. Supplied cavalry units for thousands of years. Finally recognized by a 2011 Steven Spielberg film and hit play.



ston after it was restored by



#Twitter's "Who to follow" sug-

gests I follow the #LdnOnt Police. Wouldn't that be like some kind of counter-espionage or somethina?

@breadsaltwine:

If you guys were taking your dogs to the beach, where would you go? #LdnOnt

@itsjenner:

Taking my fiancee out for a congratulatory breakfast! Archies

here we come! #LDNont

@rawbizms:

Oh look more people idling their vehicles at Masonville mall. You're the reason it's so hot and you need a/c to begin with! #ld-

@aliciansteele:

Dear 2012/13: Please don't be the apocalypse there are too many things i'm looking forward to #Married #Fanshawe



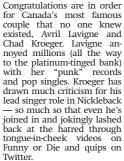
12 SCENE metronews.ca Monday, August 27, 2012

The odd (celebrity) couple

The engagement of Avril Lavigne and Chad Kroeger has shocked Sk8er Bois and wannabe rockstars alike.

This is how they remind us of some other strange star couplings.

MICHELLE CASTILLO



The two surprised fans and enemies alike by getting engaged after six months of discretely dating while they were co-writing a song for Lavigne's fifth studio album. But they're not the most shocking couple out there. Here's a couple more pairings that had us stunned.





Ben Affleck and Jennifer Lopez

He was raised in Boston. She grew up the Bronx. Somehow, these two managed to get together for what we are quite sure was a meaningful, notlong-lasting relationship. And, um, Gigli.



Woody Allen and Soon-Yi Previn

Though legally he wasn't her stepfather, Allen's relationship with Previn's adoptive mother, Mia Farrow, made the whole situation icky. It must be true love though: They've been together since 1992 and have two adopted daughters.



Lisa Marie Presley and Nicolas Cage

Gossip mills say that one of the main reasons Cage was attracted to the Presley daughter was because of his obsession with the King, which we're assuming would make for really awkward first date conversation.





Tom Cruise and Cher

Believe it or not, these two were together for a few months in the 1980s. Then again, it was the 1980s. A lot of things that shock us today weren't so surprising back then.



Rufus Wainwright weds

Musician Rufus Wainwright has tied the knot.

Publicist Bianca Bianconi confirmed Wainwright and Jorn Weisbrodt were married in a ceremony last Thursday.

People reports the 39-year-old musician and the artistic director of the Luminato Festival were married by close friend and artist Justin Vivian Bond in a ceremony in Montauk on Long Island.

Wainwright and Weisbrodt have a one-year-old daughter together in a parenting partnership with Lorca Cohen, daughter of Leonard Cohen. Wainwright and Weisbrodt were engaged in 2010.

People says a number of celebrities attended the wedding, including Alan Cumming, Julianne Moore, Yoko Ono and Sean Lennon,



Antony Hegarty, Lou Reed, Carrie Fisher and producer Mark Ronson, who also assisted with DJ duties during the reception.

On the web



Lawyer for paparazzo charged in Bieber chase will fight Calif. aw aimed at celebrity pursuits

METRO DISH

The Word

Katy Perry and John Mayer expire



WORD scene@metronews.ca

Katy Perry has joined the surprisingly long list of hot, talented women to be

dumped by John Mayer.

After two months, Mayer — who has also dated Jennifer Aniston, Jessica Simpson and Taylor Swift — called things off with the singer late last week, according to RadarOnline. Unlike the rest of us, Perry apparently thought Mayer had grown up since his days of bragging about his A-list sex life in Playboy.

"Katy fell hook, line and sinker for John, so when he



broke it off she was ultimately surprised and incredibly embarrassed," a source tells the site.

"She's ashamed that she got played. It was the classic ladies man move - he added another notch on his bedpost. He charmed Katy, got what he wanted and moved on."

Katy, don't be embar-rassed that you got played by a sleazy guy – be embar-rassed that you got played by the guy who wrote Your Body is a Wonderland.

The spawn of Snooki born — signalling arrival of the apocalypse

Jersey Shore star Nicole Snooki Polizzi gave birth to a baby boy over the weekend in Livingston, N.J., according to Us Weekly.

The boy, named Lorenzo, is the first child for Polizzi and her boyfriend of two years, Jionni LaValle.

"The world just got another Guido! Lorenzo Dominic LaValle has entered the world weighing six pounds, five ounces. Nicole, Jionni and Enzo are doing great!" her rep tells the magazine.





@MillaJovovich

So we hit 1 mill! How cool! So now its contest time!!! let the games begin and "may the odds be EVER in your favour"



@peeweeherman

Goodbye, Neil Armstrong - courageous pioneer



@ActuallvNPH

I'm co-producing a terrifying interactive horror play in a 107yr old mansion in L.A!

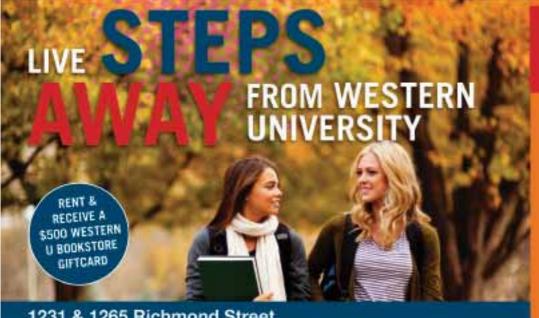
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14 FAMILY metronews.ca Monday, August 27, 2012

Parents' back to school 101: Letting them go

Parenting. Don't let your nerves take over as your little ones board that school bus

MEREDITH FNGFI

Metro World News in New York City

Pop quiz: Who's more nervous about starting school this year, you or your child?

If it's you, "it's a very

ormal response to have," says Matthew Stevenson, a child and family therapist in Philadelphia.

We asked him how parents can send their little ones off to school without letting their nerves take over

Why does this anxiety happen?

It usually happens the first couple of times that a parent leaves their child alone, even for a couple hours. It's a natural thing to be worried about the person that vou brought into the world. that you're responsible for, if you're not there when you are there typically. Particularly the stay-at-home parents, for them to be with this person 24/7 for five years and then to have them go off alone, that can cause a lot of stress. And it's a very normal thing to experience that stress. They're worried about their kid because they know they can keep their child safe. They've been do-ing it for five years, and now they're giving that responsibility to somebody else. It's hard to let go of that control. Where it can potentially become a problem is if that Acknowledging that you're nervous about your child heading off to school is the first step to feeling better, strock

stress is being picked up by the child.

How can parents feel better?

Acknowledge it. The parent needs to realize that this is something they're concerned about — that's step one. Once they're able to acknowledge that, understand that it's a pretty normal anxiety to have. Step two is that it's important for parents to realize that they need to let their child go. That's part of the growth of their child, to have that independence

and be able to function and do well without having the parent present all the time. Part of being a good parent is having your child thrive when you're not around. Then once you are able to let your child go to school, it's important to keep yourself occupied during those times. Have activities, do errands that are a lot easier to do without a child. Join classes, go to the gym — anything that would distract you so before you know it, it's time to pick up your little one.

When is this a problem that needs some extra help?

If the parent is going to school to watch their kid at recess, that would be not healthy. I think calling the school multiple times during the day to make sure that their child is OK, that would not be healthy. Showing that you're so upset, and your child picks up on that and then doesn't want to go to school, that's where it becomes a big issue. If you're able to hide your anxiety from your child, and they

still enjoy going to school, it's not as much of a problem. But if it's affecting the entire family, then at that point it's probably good to seek help from a therapist.

On the web



 Babysitter issues. Is the babysitter playing with baby or playing FarmVille? Follow along with the comedic (mis)adventures of mommyhood with Reasons Mommy Drinks at metronews.ca/



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On the Web



Reason Mommy Drinks #73: Crippling paranoia when you're not around. Scan this code to find out why.

Turn tonight's dinner into tomorrow's unique lunch

The best dinners are those that not only are delicious in their own right, but that also leave leftovers that can be reworked into lunch the next day.

This recipe for grilled hoisin pork tenderloin is perfect. The dinner itself is simple: Just toss the marinated tenderloin on the grill along with a few vegetables and it's good to go.

The next day, turn the leftover pork into barbecue pulled pork by pulling it apart and mixing it with barbecue sauce. It can be eaten on a bun or in a wrap. It also can be served



- 9.4-oz jar hoisin sauce
- 1 cup red wine
- 1/4 cup soy sauce 4 cloves garlic, minced
- 1 tsp hot sauce
- 2-lbs pork tenderloins
- 5 large yellow onions
- 2 tbsp olive oil • Kosher salt and ground black
- 1 tbsp whole cumin seeds



warm or cold.

- 1. In large zip-close plastic bag, combine hoisin, wine, soy sauce, garlic and hot sauce. Seal bag and gently shake to mix well. Add pork tenderloin then close bag and gently turn to ensure the meat is well coated. Refrigerate for at least two hours and up to 24 hours.
- **2.** Trim ends from onions. then peel off outer layer of skin.

Place onions in a second large zip-close plastic bag; add olive oil, a bit of salt and pepper, and cumin seeds. Seal bag, gently shake to coat evenly. Refrigerate until ready to grill meat.

- 3. When ready to cook, heat one side of the grill to mediumhigh, the other side to low.
- **4.** Using oil-soaked paper towel held with tongs, oil the grill grates. Add whole onions to

cooler side of grill. Grill, covered, for 5 minutes. Turn onions, then add pork to cooler side of grill. Grill pork for 6 minutes per side. Remove onions when very tender and meat when it is seared on outside and reaches 145 F at centre.

5. Transfer pork and onions to a platter and let the meat rest for 5 minutes. Thinly slice the pork and serve with an onion.

Choose it



One of the best parts of summer is sitting on a patio and sipping some delicious alcoholic beverages. Think twice before you order

2 (8 oz) glasses of wine

Summer, barbecues and alcohol go hand in hand. But watch the wine because two glasses of red or white contain a whopping 400



Equivalent

Two eight-ounce glasses of wine are equal in calories to 17 Italian style meatballs.



2 (8 oz) Pilsner beer

With half the calories, enjoy your favourite beer instead of the wine. Remember not to drink your calories.



Steam these tasty pork dumplings to perfection

You may never have bought wontons as a raw ingredient, but if you've ever had fried egg rolls or steamed dumplings

Dumplings

• 2 tbsp hoisin sauce

• 1 tsp hot sauce

2 tbsp soy sauce1 tbsp toasted sesame oil

1 lb ground pork1/2 cup finely grated carrots4 finely chopped scallions

• 1/4 cup chopped cilantro

· 8-oz can water chestnuts.

• 1 egg

in your Asian take-out, you've eaten them.

Because wonton skins essentially are vehicles for con-

• 12-oz package 3-inch square

• 3 tbsp toasted sesame oil

• 1 tbsp chopped cilantro

• Pinch red pepper flakes

taining other ingredients, their strength is their versatility. They can be filled with just about anything, from ground or chopped meat and vegetables, to cheese .

You'll find wontons in virtually every grocer, usually in the produce section next to the tofii and other Asian ingredients.

They are available in a variety of sizes, though three-inch squares tend to be the most versatile.

In a large bowl, whisk together the egg, hoisin, soy sauce, sesame oil and hot sauce. Add the pork, carrots, scallions, cilantro and water chestnuts, then mix well.

2. One at a time, place one tablespoon of the pork mixture in the centre of each wonton. Dunk your fingers in water, then use them to wet the edges of the wrapper. Gather the edges of the wrapper over the filling, pinching them together to form a small purse. Repeat with the remaining filling and wrappers.

bamboo or other steamer basket over the water, then lightly coat it with cooking spray. Working in batches

if necessary,

the dumplings in the steamer (they

should

arrange

touch), then cover and steam for 15 minutes.

> **5.** Meanwhile, prepare the dipping sauce. In a small bowl, whisk together all ingredients. Serve the dump-lings hot with the dipping sauce. THE ASSOCIATED PRESS

3. In a large sauté pan, bring about one inch of water to a boil. Set a

Who are you running for?

finely channed

Dipping sauce

• 1 tsp sugar

wonton wrappers

• 2 tbsp rice vinegar

• 2 tbsp soy sauce

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metr⊕ WORK/EDUCATION

Get to know a warrior at work

Survivor's success.

Glori Meldrum is a businesswoman determined to give something back



THE IN-CREDIBILITY FACTOR

"I think I want to start my own company". Glori Meldrum sat across

the dinner table from her husband and weighed her options.

Having just moved from New Brunswick to Edmonton, the bachelor of commerce grad was working as a promotions director at a radio station and was making \$27,000 a year.

They looked at each other and knew the answer was clear. "Let's do it".

Today, Glori owns two companies, g (squared) and trafik interactive and is a proud wife and mother of

Keys to success:

- · Have vision and execute
- Be true to yourself, employees and clients. Then the right team and clients will be built around you.
- Always act from a place of love. Even if I have to let an employee or client go, I do it from a point of authenticity
- People are your most valuable asset. Hire people that reflect your own values to create a good team.
- Remember that fear only exists in your mind. If I'm scared of something I force myself and get in and get it done.
- littlewarriors.ca

three children including a five-year-old boy she adopted from Ethiopia.

Meldrum is also giving

As a survivor of child abuse she is raising money to build Little Warriors Be Brave Ranch.

"In most major markets there are two to three facilities for sex offenders but not for kids.

"My dream is to build a spiritual oasis where a neglected survivor can be given the tools they need to heal their body and spirit and mind.

"It's not about money. It's about having a loving, balanced, happy life and being of service to others. It's that simple.







U.S. Open for the taking

Tennis. Plenty up for grabs in final Grand Slam of jam-packed year

Champion at Wimbledon in both singles and doubles. Winner again at the All England Club in both events, four weeks later at the Olympics. Nobody would blame Se-

rena Williams if she felt worn down by this year's jam-packed tennis calendar. She doesn't see it that way, though — even with the grind of the U.S. Open looming in New York.

"I look forward to this," Williams said. "It's almost like a launching pad for what I want to do for the rest of the hard-



"I think it was a sign my body just needed to slow down.

Maria Sharapova who pulled out of her final two tune-up tournaments before the U.S. Open.

court season.'

In a way, yes, Monday's start of the year's last Grand Slam marks a new beginning - the kickoff of a six-month stretch on the hard courts ends with the 2013 Australian Open.

Call it mental gymnastics, a creative way of looking at things or whatever else might apply. What can't be denied is that in an Olympic year, the U.S. Open - considered the toughest test in tennis under normal circumstances — is essentially

the season's fifth major.
"A lot of them," Jim Courier said, "are running on fumes."

Indeed, many top players have had to double down on their fitness and find creative ways of organizing their sched-

Defending champion Novak Djokovic barely took any time off following his fourth-place finish at the Olympics. He travelled to Toronto for a tuneup

Some combination of Rafael Nadal, Roger Federer, Andy Murray or Novak Djokovic have occupied every spot in the finals of the past eight Grand Slam tournaments

and won the tournament.

Then, he flew to Cincinnati, played six more matches but lost to Roger Federer in the final that included a 6-0 whitewashing in the first set.

"Mentally, I wasn't there, wasn't fresh," Djokovic said. "It had been a very busy time starting at the Olympic Games, and maybe that caught up with me at the end."

The Second-seeded Djokovic won the Australian Open. Rafael Nadal won the French Open. Top-seeded Federer won Wimbledon. Just for good measure, third-seeded Andy Murray won the Olympics, meaning the U.S. Open could essentially determine the player of the year in men's tennis.

Though the women's game has been more in flux than the men's of late - seven different winners over the past seven Grand Slams — the math is essentially the same in 2012: Three of the top four women — No. 1 Victoria Azarenka, No. 3 Maria Sharapova and No. 4 Williams — have major titles this year and all need this one to break the tie. THE ASSOCIATED PRESS



Offence clicks for Manning in final pre-season outing

Broncos receiver Eric Decker makes a catch for a touchdown on a pass from Peyton Manning, Sunday, in Denver. Manning looked good in his final regular season tune-up, throwing his first two touchdown passes — both to Decker — in a 29-24 loss to the San Francisco 49ers. Justin EDMONDS/GETTY IMAGES

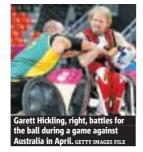
Paralympics. Rugby's Hickling given flag duty

A ferocious player on the court and an unassuming man off of it, Garett Hickling will carry the Maple Leaf into Wednesday's opening ceremonies of the 2012 Paralym-

Hickling will represent Canada in Paralympic wheelchair rugby for the fifth time in his career. The 41-yearold from Kelowna, B.C., was named the Canadian team's flagbearer Sunday.

'This makes me want to hold my head up high and smile hard," Hickling said.

He's intimidating on the court because of his aggression and power. Hickling has



competed in every Paralympics that included wheelchair rugby, winning silver in 1996 and 2004 and bronze in 2008. THE CANADIAN PRESS

MLB

Bautista has short-lived return to Jays lineup

Blue Jays slugger Jose Bautista, who re-aggravated his left wrist sprain on Saturday, travelled to Cleveland on Sunday to visit noted hand specialist, Dr. Thomas Graham.

In just his second game back since he suffered the injury on July 16 in New York, Bautista left Saturday's game after just one at-bat citing new discomfort in the wrist. He was put back on the 15-day disabled list following the game.
TORSTAR NEWS SERVICE

Golf. Teenager Ko notches historic Canadian Open win

Fifteen-year-old amateur Lydia Ko made her mark in golf history Sunday.

Ko became the youngest ever winner of an LPGA event as she captured the Canadian Women's Open title with a 5-under 67. The New Zealander finished with a 13-under 275 total to beat Inbee Park of South Korea by three strokes.

Ko is also the first amateur to win the Canadian Women's Open and does not receive the winner's cheque, which goes to Park. She's the fifth amateur to win an LPGA tournament and first since JoAnne Carner of the U.S. back in 1969, the canadian press



Mobile sports



management were raving about how good Terrell Owens oked when he signed with Seattle earlier this month. That

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↑ Aries

March 21 - April 20

Partnerships and affairs of the heart may be a bit stormy as the week begins. Try not to overreact because it is only a passing phase and will pass a lot quicker if you stay calm, whatever the provocation.

Taurus April 21 - May 21

Social activities are unlikely to appeal to you today, but matters related to your health and fitness will. Head for the gym or the pool and not only will you feel better physically but mentally and emotionally

II Gemini

May 22 - June 21

You seem much more passionate than usual, and that's good, but watch out you don't go over the top in some way. Not everyone shares your interests and some people won't take kindly to you trying to "convert" them.

9 Cancer June 22 - July 23

Your instincts about people are rarely off target but with mind planet Mercury under pressure at the moment you could get the wrong end of the stick. Don't jump to conclusions.

9 Leo

July 24 - Aug. 23

You may be feeling ultra dynamic but not everyone out there shares your get up and go attitude to life. If there is something you want doing over the next 24 hours you will most likely have to do it vourself.

M Virgo

Aug. 24 - Sept. 23 Stop worrying about money and relationship issues and just go out and have fun. Sometimes you can allow trivial things to get on top of you and that's not good, especially right at the start of the week.

△ Libra

Sept. 24 - Oct. 23

The more you try to persuade friends and colleagues to get involved in your latest scheme the more they back away. Why is that? It could be because they are still hurting from how your last scheme worked out.

M Scorpio

Oct. 24 - Nov. 22

If you get the chance to travel and meet new people over the next few days - and you will you must seize it with both hands. Don't let those at home hold you back - their reasons are largely selfish.

Sagittarius Nov. 23 - Dec. 21

Is there a grand design? Does your existence have meaning? Yes and yes again are the answers to those questions and even if you did not believe it before you will believe it today. There is no such thing as "coincidence".

17 Capricorn Dec. 22 - Jan. 20

Yes, of course, you should respect people in positions of power but that does not mean you have to do everything they say. Sometimes a bit of rebellion is a healthy thing – it keeps everyone on their

Aquarius Jan. 21 - Feb. 19

Don't be afraid to ask people you live and work with what they think about what you are doing. Some of what they say may be critical but most of the feedback will be positive. Their input is essential

H Pisces Feb. 20 - March 20

You seem to believe that everyone but you is in on some kind of secret. It may be true but more likely you are being a bit paranoid. Stop worrying about what other people know – it's what you know that matters. **SALLY BROMPTON**

Across

- 1. Attractive leg. slangily
- 7. Parliamentarians

- 16. Angry bull's sound
- 18. Province whose name means "swift flowing" in
- 21. Endlessly worry
- a casino term) (2 wds.) 25. Moves through mud

- 34. Buffy_ (2 wds.)
- 37. Small iPod
- 40. Goes bad
- Georgia (2 wds.)
- __ Miserables 45. Far above the ground 46. One Flew Over the
- 51. CFL whistle blowers southern Ontario (2 wds.)
- 59. After-bath powder Before surgery,

- 4. Cab alternative
- part
- 14. Short note

- 41. They're in BC's Strait of
- ment stores": has much outstanding debt (2 wds.) 54. City in the Golden Horseshoe region of

- 10. Amor's Greek counter-
- 12. Madras master
- 15. Princess of Star Wars
- 17. "The -bitsv spider
- the Cree language
- 22. "Forget about it!" (from
- Your Name": Mamas & Papas song (2
- wds.) 31. Big letters for Internet
- stock companies
- 39. Air conditioner coolant
- Cuckoo's Nest novelist Ken 48. "He the bank, three credit cards, four depart-

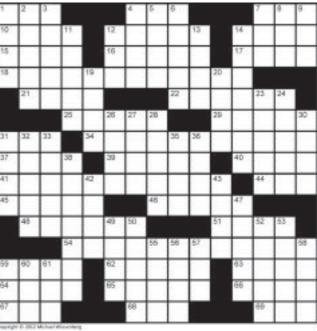
formally

- 63. Bring in a harvest
- 64. "... there ___ square": it's the happening thing (2 wds.)
- 65. Weird
 - 66. Computer menu selection
 - 67. Parts of mos. 68. "Help!"
 - 69. Repair tears

- 1. Becomes semisolid
- 2. Fields of learning
- 3. Damp
- 4. BMO, for one: Fr.
- 5. "Here comes trouble!" (2 wds.)
- 6. Ambulance alert
- 7. Encountered 8. Parliament heads
- 9. Asian sauce type
- 11. "For goodness" 12. Air France fleet component, once: initialism
- 13. Vitamin ___: ribo-flavin (2 wds.)
- 14. Subcompact 19. Belt-hole makers
- 20. Take ____ view of: be pessimistic about (2 wds.)
- 23. Christmas song
- 24. Crème de la crème 26. Blockheads
- 27. Damsel
- 28. Behave furtively 30. Not more
- 31. Actress Swenson of
- Benson (anagram of GAIN) 32. São : Brazil's largest
- ting (2 wds.)

- 42. Odd-sounding but grammatically correct
- answer to "Who's there?"
- (2 wds.)
- 47. 2012 and 2013 49. Record, in a way
- two
- 53. NWT's Great ___ Lake 55. Nestle candy bar from
- 56. Kings: Fr.

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- 33. At the minimum set-
- 35. Vocal sound
- 36. Finishes 38. Side with the football
- 43. Vassal
- 50. Shrek and Fiona, for
- 52. Bloodsucking parasites
- Britain
- 57. Friend of Tarzan 58. Gush
- 59. CAA service 60. 40 days and 40 nights boat
- 61. 16-oz. units



See today's answers at metronews.ca/ answers.



How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Yesterday's Sudoku

a	1	7	6	0	5	4	9	2
9	4	8	3	2	7	1	5	6
5	2	6	1	4	9	3	8	7
2	3	1	9	6	8	\$	7	d
a	6	5	7	1	4	9	2	0
4	7	9	5	3	2	8	6	1
7	.6	3	2	9	1	6	4	8
6	8	2	4	5	3	7	ŧ	9
+	D.	4	8	7	6	0	3	8

			8	4			
	6	8	3	9	1	5	
	3	2			4	8	
			6	2			
8							7
			4	7			
	1	3			7	4	
	7	4	5	8	6	2	
			7	3			

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